

Congratulations!

You have been selected to become a member of the Utah Avalanche Soccer Club this upcoming season. This was a competitive process and you should be proud that the Utah Avalanche coaches have invited you to become a part of this prestigious program.

As coaches, we commit to you that we also will work hard to help you improve your skills, enhance your knowledge of the game, and make practices a worthwhile experience. People very seldom are successful at anything unless they can have fun doing it. We will expect you to work hard, but we will make every effort to ensure that you also have fun.

We believe that many good soccer experiences lie ahead of you as a member of Utah Avalanche. We are excited to start working with you and for you to become a part of our Utah Avalanche family.

You should print this Commitment to Excellence out, both you and one of your parents should sign it and return it to your coach at your first practice.

Utah Avalanche Player/Parent Commitment to Excellence

As a Utah Avalanche player, I understand that the difference between being ordinary and being extraordinary is a little extra effort. I understand that wanting to win on the day of the game is worth nothing unless I have the will to prepare to win before the day of the game. So that I might be the best player and team member that I am capable of becoming, I promise to do the following.

- I promise to arrange my schedule so that I can come to practice regularly and on time, and to participate in scheduled games and tournaments.
- I promise to work hard at practice to improve my soccer skills and my understanding of the game.
- I promise that, at practice, I will give the coaches my full attention. When the coaches are talking, I will stop talking, keep my ears open, and my eyes on the coaches. I will not distract others during the practice session.
- I promise to do whatever is asked of me on the soccer field, without complaining, for the good of the team.
- I promise to always encourage, and never to criticize, my teammates.
- I promise to always hustle, and never to quit, until the practice or the game is over.
- I promise to come to each game, on time, well rested, and with an attitude that says -- "It may be difficult, but I believe that we can be successful."

As a **Player** I agree to the Utah Avalanche Commitment to Excellence

As a **Parent** I agree to support my Son/Daughter in meeting this Commitment to Excellence
